

NUTRITIONAL HOLDINGS LIMITED
(Incorporated in the Republic of South Africa)
(Registration Number 2004/002282/06)
Share code: NUT ISIN: ZAE000156485
("NUT" OR "THE COMPANY")

TRADING STATEMENT

In terms of the Listing Requirements of the JSE Limited, a listed company is required to inform shareholders as soon as there is a reasonable degree of certainty that the earnings of the company are likely to vary by more than 20% compared to the previous reporting period.

Shareholders are hereby advised that the basic loss per share and headline loss per share attributable to ordinary shareholders for the year ended 28 February 2018 are expected to increase by more than 20%, as compared to those reported for the previous corresponding period.

A more detailed trading statement will be published in due course.

The information in this trading statement has neither been reviewed nor reported on by the Company's external auditors.

10 May 2018
Umhlanga

Designated Advisor
PSG Capital