

Nutritional Holdings Limited

(Registration number 2004/002282/06)

(Incorporated in the Republic of South Africa)

Share Code: NUT ISIN: ZAE000156485

("Nutritional Holdings" or "the Company")

RESULTS OF THE ANNUAL GENERAL MEETING

Shareholders are hereby advised that the results of the voting at the annual general meeting of the Company held at 10h00 today, Friday, 12 July 2019 at 1 Monte Casino Boulevard, Fourways ("**AGM**"), are as follows:

Resolutions proposed at the AGM	Votes for resolution as a percentage of total number of shares voted at AGM	Votes against resolution as a percentage of total number of shares voted at AGM	Number of shares voted at AGM	Number of shares voted at AGM as a percentage of shares in issue	Number of shares abstained as a percentage of shares in issue
Ordinary resolution number 1: Re-appointment of Auditors	99.84%	0.16%	11 735 740 365	85.39%	0.02%
Ordinary resolution number 2: Appointment as Mr MM Suping as a Non-executive Director	99.84%	0.16%	11 735 740 365	85.39%	0.02%
Ordinary resolution number 3: Retirement and Re-election of TV Mokgatla as a Director	99.84%	0.16%	11 735 740 365	85.39%	0.02%
Ordinary resolution number 4: Retirement and Re-election of AR Pinfeld as a Director	99.84%	0.16%	11 735 740 365	85.39%	0.02%
Ordinary resolution number 5: Appointment of Dr PJ Mokgothu as a member of the Audit and Risk Committee	99.84%	0.16%	11 735 740 365	85.39%	0.02%

Ordinary resolution number 6: Appointment of Ms PM Chabeli as a member of the Audit and Risk Committee	99.84%	0.16%	11 735 740 365	85.39%	0.02%
Ordinary resolution number 7: Appointment of Mr AR Pinfold as a member of the Audit and Risk Committee	99.84%	0.16%	11 735 740 365	85.39%	0.02%
Ordinary resolution number 8: General authority to issue shares for cash	99.84%	0.16%	11 735 740 365	85.39%	0.02%
Ordinary resolution number 9: Non-binding endorsement of the Company's remuneration policy	99.84%	0.16%	11 735 740 365	85.39%	0.02%
Ordinary resolution number 10: Non-binding advisory vote on Nutritional Holding's implementation report on the remuneration policy	99.84%	0.16%	11 735 740 365	85.39%	0.02%
Special resolution number 1: Remuneration of non-executive directors	99.79%	0.21%	11 735 740 365	85.39%	0.02%
Special resolution number 2: Acquisition of Company's own shares	99.84%	0.16%	11 735 740 365	85.39%	0.02%
Special resolution number 3: Financial assistance to related or inter-related companies	99.84%	0.16%	11 735 740 365	85.39%	0.02%

Note:

Total number of shares in issue as at the date of the AGM was 13 743 368 179.

Durban
12 July 2019

Designated Adviser
PSG Capital



PSG CAPITAL