

Nutritional Holdings Limited

(Registration number: 2004/002282/06)

(Incorporated in the Republic of South Africa)

(Share Code: NUT ISIN Code: ZAE000156485)

(“**Nutritional Holdings**” or “**the Company**”)

Planned delay in the release of financial results for the year ended 29 February 2020

Shareholders are referred to the JSE Limited’s general announcement of 3 April 2020 and the market notice issued by the Financial Sector Conduct Authority (“FSCA”) relating to the impact of the Covid-19 pandemic and national lockdown on financial reporting and auditing processes.

Nutritional Holdings advises that the company will be utilising the two-month extension period afforded by the FSCA. The company’s audited financial results, the integrated annual report and notice of annual general meeting for the year ended 29 February 2020 (“annual results”) are expected to be released by no later than 31 July 2020.

Management is endeavouring to publish the annual results as soon as practicably possible and will notify shareholders via SENS when the annual results release date has been finalised.

The company urges market participants not to draw undue adverse inferences as a result of utilising this extension period.

Durban

4 June 2020

Designated Adviser

Exchange Sponsors