

NUTRITIONAL HOLDINGS LIMITED
(Incorporated in the Republic of South Africa)
(Registration Number 2004/002282/06)
Share code: NUT ISIN: ZAE000156485
("NUT" OR "THE COMPANY")

FURTHER TRADING STATEMENT

Further to the trading statement released on SENS on 10 May 2018, and after consultation with the Company's auditors, shareholders are advised that for the year ended 28 February 2018, the loss per share is expected to be between 11.97% and 31.97% lower, not higher as previously announced, than the loss reported for the year ending 28 February 2017 ("Comparative Period") of 0.49 cents per share, at between 0.33 and 0.43 cents per share. Headline loss per share is expected to be between 18.47% and 38.47% higher than the loss reported for the Comparative Period of 0.24 cents per share, at between 0.29 and 0.34 cents per share.

The information in this trading statement has neither been reviewed nor reported on by the Company's external auditors.

The results for the year ended 28 February 2018 are expected to be released on SENS on or about 31 May 2018.

17 May 2018
Umhlanga

Designated Advisor
PSG Capital